





Room temperature



Bakery, Confectionery



Croissant

CROISSANT(MULTISEED)

INGREDIENTS

Group Dough

Ingredient	KG
Wheat flour Extra	1.500
Water	1.000
Bakels Multiseed Bread Base	0.500
Sugar	0.100
Skim milk powder	0.050
Bakels Dry Yeast	0.025
Salt	0.010
	Total Weight: 3.185

Group Laminated Karitè Gold

Ingredient	KG	%
Bakels Karitè Gold	0.900	28.00
	Total Weight: 0.900	

Group Glaze

Ingredient	KG
Water	1.000
Bakels Glossy	0.070
	Total Weight: 1.070

75.00 50.00 25.00 5.00 2.50 1.50 0.50



www.bakelssweden.se

Group Topping

Bakels Seed Mix 0.200

Total Weight: 0.200

METHOD

(Feel free to make the dough the day before for best results)

- 1: Mix the ingredients for the dough in a doughmixer, use cold water and preferably cold flour.
- 2: Run the dough 4 minutes slowly and about 2 minutes quickly.
- 3: Take the dough and flatten it on a plate and place it in the fridge, and cover it with plastic.
- 4: Roll out the dough and laminate with Bakels Karitè Gold, The margarine should have a temp of about 14-15 C, and 18
- 5: Feel free to cool the dough after each beat, for the very best result.
- 6: Cut into triangles oblong pieces and then roll them up, add slices of cheese and ham if you want a little extra nu
- 7: Ferment the croissants at low temp in the fermenter about 32C and a humidity of 70%, give them at least 2 hours.
- 8: Before baking, brush them with Glossy and sprinkle seed mixture over them.
- 9: Bake at 190C for about 18 minutes.